

## FOI Request Response information

<b>FOI request reference:</b>	2015/191
<b>Date request received:</b>	21/09/2015
<b>Date request responded to:</b>	19/10/2015
<b>Category:</b>	Service delivery
<b>Tags:</b>	Psychological therapy, mental health, eating disorders, depression, anxiety disorders, early intervention, personality disorders

### Request Detail:

Waiting times for Psych therapy

Current waiting times for:

- assessment for psychological therapy and
- treatment with psychological therapy

with the following services in your Trust:

- general psychological therapy services (who would typically help treat depression and anxiety disorders at IAPT step 4)
- eating disorder services
- early intervention services
- personality disorder services
- CAMHS services

Please do not include waiting lists for IAPT step 2 and 3 services.

If no formal waiting times are routinely kept, the length of time that recently assessed and treated patients had to wait from the date of their referrals would be suitable alternative pieces of information.

### Response Detail:

Please find the Trust response to your recent FOI request in the attached word document.

**Please click on the paperclip symbol, on the left hand toolbar, to see additional attachments.**