Regular Child Health Clinics are available to parents of children from birth to 5 years old. The health visiting team are available at these clinics to discuss any aspect of a child or family’s health and wellbeing. This includes sleep, behaviour, toilet training, feeding, healthy weights, minor illness and more.

### East Neighbourhood
Child Health Clinic Sessions:
- Tuesday: 1.00 p.m. - 2.00 p.m.
  Parkside Surgery
- Wednesday: 10.00 a.m. - 11.30 a.m.
  The Chai Centre

**NO APPOINTMENT NEEDED**

### West Neighbourhood
Child Health Clinic Sessions:
- Tuesday: 9.00 a.m. - 10.30 a.m.
  Whitegate Children’s Centre
- Thursday: 11.00 a.m. - 12.00 p.m.
  The Fold
- Friday: 9.00 a.m. - 10.30 a.m.
  Ightenhill Children’s Centre

**NO APPOINTMENT NEEDED**

### Central Neighbourhood
Child Health Clinic Sessions:
- Monday: 1.30 p.m. - 2.30 p.m. - Sure Start South West Burnley Children’s Centre
- Tuesday: 1.30 p.m. - 3.00 p.m. - Thursby Surgery
- Wednesday: 10.00 a.m. - 11.00 a.m. - St. Peter’s Primary Health Care Centre
- Wednesday: 2.00p.m. - 3.00p.m. - Briercliffe Primary Care Centre
- Thursday: 11.30 a.m. - 12.30 p.m. - Burnley Wood Children’s Centre

**NO APPOINTMENT NEEDED**