Overdose Awareness

People can overdose from mixing a variety of different things including prescription drugs such as tranquillizers and anti-depressants, alcohol and opiates or stimulants. These types of mixtures are dangerous even if taken over the course of several hours as they build up in the body.

If you are worried about someone, stay with them and make sure they’re OK.

If you have any doubts — call an ambulance as soon as possible.

For overdose awareness training, please contact the Access & Choices Team on 01253 311431.

Needle Exchange Scheme’s

- ACT, 102 Dickson Road
- Assura, Moor Park Health Centre
- Boots, Bank Hey Street
- Co-op, Langdale Place
- Crossleys, Lytham Road
- Grange, Chepstow Road
- Hbs, Newton Drive
- Lloyds, Egerton Road
- Lloyds, Talbot Road
- MediciX, Whitegate Drive
- Moore’s Pharmacy, Westcliffe Drive
- Tesco, Clifton Retail Park
- Whitworths, Waterloo Road
- Whitworths, Whitegate Drive

Drug and Alcohol treatment has now been integrated into one treatment system.

The partnership is known as HORIZON - Blackpool’s Integrated Treatment System.

Horizon’s key focus is to support clients in achieving recovery.

Recovery is what the individual wishes to attain in order for them to be fully integrated within the community. The treatment system is also there to help support clients resolve their housing issues, employment, training, educational needs and to be able to support their family or integrate back with their family or community.

The treatment system is now working closely with community groups and centres to ensure easier access to mainstream services.

Young adults up to the age of 25 are able to access more age appropriate services which in turn offer a more holistic care package.

There has been a huge cultural change for both the workforce and clients, and the message of recovery is beginning to become reality.
Clients will be triaged.

Prescribing/reduction/detox support.

Supported self detox programme (non medicated)

Access to residential treatment services.

Work from various locations.

GP and community venue outreach.

Transition to Adult Services when client reaches the age of 25 years old.

Harm Reduction.

Cognitive Behavioural Therapy (CBT).

Support for ACCE (Alcohol, Cannabis, Cocaine, Ecstasy) clients

Harm Reduction and Needle Exchange services.

The Hub

This service provides a central point of contact for initial introduction to treatment for all drug and alcohol users over the age of 25 years old. The aim of the service is to enable new and existing drug/alcohol users who want advice, information and support, to access a range of services that will help them address problems associated with their drug/alcohol use.

■ Clients will be triaged.

■ Treatment will start for both prescribed and non-prescribed clients.

■ Limited to 12 weeks (5-6 weeks for alcohol only clients).

■ Support for ACCE (Alcohol, Cannabis, Cocaine, Ecstasy) clients

■ Harm Reduction and Needle Exchange services.

■ GP and community venue outreach.

■ Supported self detox programme (non medicated) for heroin users only.

Moving Forward Service

This service provides the route of treatment for drug and alcohol users over the age of 25 years old. The Moving Forward Service aims to offer focused and time-limited clinical and psychosocial interventions within the International Treatment Effectiveness Programme (ITEP) framework for those individuals who are seeking to achieve recovery from drug and/or alcohol dependency.

Clients are transferred from ACT. The HUB and the Criminal Justice Service and can receive direct referrals from the Alcohol Liaison Nurses at the Hospital after an initial phase of treatment dependent on the individual need.

All clients entering treatment at the Moving Forward Service do so within specified time scales. Having had an initial phase of treatment, the client will work towards abstinence or occasional user / drinker status during an 18 month period. Within this period the client will work to an individual recovery plan which will detail intense therapeutic psychosocial support, key work sessions and substitute medication where required.

Recovery

This part of the system provides the route of treatment for those who are abstinent from drugs and alcohol or have reached either occasional user or controlled drinking status and need further psychosocial and wrap around support.

The service guides the client towards the end of the treatment journey and into one of volunteering, education, training and employment. This service is for all drug and alcohol clients who have completed structured treatment in the community or structured treatment in a Tier 4 (residential) setting, and will be transferred to the Recovery service for further psychosocial interventions, group work and ongoing support to help reintegration into the community and the workplace.

Criminal Justice & Complex Clients

This service provides the route of treatment for individuals who have been identified through the criminal justice system and drug and alcohol use is a significant factor in their criminal activity.

This service is for all drug and alcohol users 18 years old and over who access treatment for their substance misuse via the criminal justice route due to their criminal activity.

The aim of this prescribing pathway is to provide substitute prescribing for opiate users over the age of 18 whilst reducing the harm their drug use causes to themselves and the community.

Along with the initial phase of substitute medication, all individuals will continue to receive harm reduction advice and information to ensure minimum harm is caused to the individual.

This pathway provides the route of treatment for opiate users who wish to begin a prescribing regime but not within specified time scales. Individuals may have complex needs which may include physical and/or psychiatric co-morbidity which makes the achievement of stability problematic.

Detoxification

The Horizon treatment system also offers Community and Residential Detoxification. This is open to clients who wish to detox from Alcohol and/or Drugs. A preferred provider list of Detoxification units has been established which can be accessed via their key worker at any part of the treatment journey.

Residential Rehabilitation

This part of the treatment system is open to clients who are abstinent from Alcohol and Drugs, for those requiring further interventions in an inpatient setting, rehab allows the client to reintegrate back into the community safely.

A preferred provider list of Residential Rehabilitation units has been established.